

Get Shit Done For Kick Ass Women That Want Success Now

30 Days of Kick Ass is a workbook and daily checklist to help you take back your daily routine and get the important shit done so you can live your best life. Whether you're feeling fired up or want to throw in the towel, this book was designed to generate momentum in your life and either spice up or help you create new daily routines. Illustrations and writing by Sarah Foster.

The must-have guide for getting sh*t done! " . . . I live in a world where I have multiple choices of things to do every day, and sometimes the choices are so overwhelming that I do nothing. I admit it. On the other hand, I wrote this book, and you didn't. And then the obvious question is: if you have a list of 10 things to do, what do you actually do first? Answer is always THE MOST IMPORTANT THING (not the most urgent thing). I tend to focus on the panic deadline. When the panic is completed, I then have a bit of peace. In order to Get Sh*t Done, there must be intervals of peace. My fight—your fight: is for time and against time. Twenty-four hours—that's what you and I have in common. USE of time is how we differ. In these pages you will discover the BEST ways to invest your time into productive and profitable actions—have a blast, and feel GREAT about your achievements." —Jeffrey Gitomer Written for those who finds it hard to Get Sh*t Done, this book is designed to have a profound, life-changing effect on anyone who wants to adopt and implement the elements of greater productivity. New York Times bestselling author Jeffrey Gitomer explains why we are so often stymied by procrastination and reveals the strategies to achieve and profit more.

The biggest, baddest swear word coloring book! This big ol' book features all positive-yet-filthy sayings to color and display. Why not color and give “The fucking sun will come out tomorrow” to a friend who’s had bad news? Or “When life hands you lemons, squeeze those bitches into your vodka” to a friend who’s feeling down. Everyone can relate to these bold, sassy sentiments, and can relax while coloring the f*ckers in. There’s no end to the fun of coloring happy sh*t! Features: -Perforated pages for easy framing -One-side printing so colors don't bleed through -Instant stress relief and humor

While protecting a dangerously attractive ex-agent, a former CIA operative must decide which asset is more important to him: his identity or his heart. She’s running out of friends—and out of time. CIA operative Elizabeth Aiken is on her own. After a rescue operation in Venezuela goes south and her cover is blown, Elizabeth barely escapes the country with her life. Set adrift by the agency and with a price on her head, she seeks out the only person who can help her disappear. Viper. Unfortunately, the devastatingly attractive former operative wants nothing to do with her or the cartel-backed Venezuelan president who wants her dead. Worse still, if Elizabeth’s not careful, she’ll end up losing her heart instead

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of watching her back...and there's no room for mistakes with assassins hot on her trail. Helping her could destroy everything he's worked for. Former Marine-turned-CIA operative. Current bar owner. All-around badass. Shane "Viper" Quinn has spent years constructing the perfect cover, and he's not about to sacrifice it for a woman he barely knows. Even if she is strong and beautiful and makes him long for sultry nights that could destroy his carefully crafted life. Still, Shane is forced to fight his growing attraction to the fearsome ex-agent while keeping her in one piece. Elizabeth's enemies are now his enemies—and they aren't going to stop until everyone who stands against them is eliminated. Will having the deadly Viper by her side be enough to save her?

NATIONAL BESTSELLER The bestselling author and singer shares her personal brand of keto, including everything from recetas sabrosas to fun workouts and motivational personal stories to inspire all Latin-food lovers. Let's face it. Growing up Latina means tortillas, chips, rice, and beans are served with everything. Chiquis has tried almost every diet out there, but none felt satisfying or sustainable. That's why she teamed up with her personal trainer, Sarah Koudouzian, to create Chiquis Keto, a realistic diet that helps her stay healthy while still enjoying her favorite dishes. Now Chiquis wants to share her mouthwatering recipes and workout routine with you to help kick-start your healthy lifestyle! From tacos to tequila, Chiquis Keto is your 21-day starter kit to look and feel your best without sacrificing fun and flavor. Complete with Chiquis's Chi-Keto Menu—featuring more than sixty meals, snacks, and drinks, like Chiquis's keto-friendly Huevos Rancheros; Mexican Hot Chocolate Pudding; and Paloma Blanca, her version of a low-carb margarita—and Sarah's workout plan, Chiquis Keto will help you tighten your curves while still enjoying your fave foods!

The worst should be over for Jae after the tape scandal and the pain that followed, but unfortunately for her, she's not out of the woods yet. The aftereffects just may be worse than the sin. She's done with the chaotic life of a sugar baby but figuring out how to regain control of her life, and fixing her relationships with those who suffered because of her choices, will prove to be much more difficult than anything she's ever endured. With Darryl by her side, it should be easy. That is, if she could get Blake out of her head. Will she ever get her life back or have things gone too far? Find out what happens in part four of *Secrets Of A Sugar Baby!* keywords: urban books, urban books free, urban, urban fiction, urban street fiction, urban african american, free book, freebie, free book, free ebook, freeside chick, side chick romance, african american romance, urban books, urban books free, urban, urban fiction, urban street fiction, urban african american, free book, freebie, free book, free ebook, free, urban books black authors free, african american books free?

Get Sh*t DonePenguin

Join the Movement. Ditch the Diet. Who's ready to stop thinking about weight loss? To free their brain from thoughts about ketones, calories, and fasting? Who wants life to be more effortless, energetic, and empowered? Welcome to a

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refreshing and gloriously unapologetic conversation about health, fitness and habits. Award-winning trainer Oonagh Duncan cuts through the wellness clutter to drop some truth bombs: it might not be six-pack abs you're looking for—it might be happiness, confidence, and acceptance. But if losing your belly is what you want, don't let anyone—including yourself—stop you from going after it. And she'll show you how to make it happen. There's only one major difference between those rare unicorns who have managed to lose weight and the rest of us: their habits. When you acknowledge that following a diet is not getting you anywhere, and you make a few small changes to your everyday routine, you'll find yourself happier and healthy as f*ck.

The book details the adventures of the eldest son of a working-class family from the urban Midwest who enters the army in the late 1960s and is transformed from a naive cowboy idolizer into a devious, larcenous, gun-carrying reprobate. He delves into the world of black market activities, prostitutes, drugs, and race relations and emerges a callous man for whom death is divided into two basic classes: bodies that are sent away and those that are dismissed as the impersonal enemy. Raised in an all-white environment and having had only one long-term exposure to a person of color, during a short period attending a seminary, he was taught to treat others fairly or to ignore them if their behavior warranted it. In the army, he encounters young men from every part of the country. Some require special treatment, while others introduce him to layers of the spectrum of life, which he did not know existed. He receives specialized training and, instead of being sent directly to Vietnam, is dispatched to Germany to participate in the Cold War in a very active manner. While in the army from 1967 to 1970, he wrote over five hundred letters, many to a girl with whom relations ended upon his return from Vietnam. She gave all the letters back, and they stayed on a shelf, waiting to fulfill the promise to someday write a book about the things that happened. His father also returned the letters that were written to him, which described the language used, the abuse suffered, and the status of race and homosexual relations, as well as the horrors of war, in no uncertain terms. The letters remained untouched for nearly fifty years, but he would sometimes recount an incident to friends or family, receiving in return an urging to write the stories for them. His older daughter chronologically organized the letters, while his other daughter edited the manuscript as it was being written. The idea to write this book, as well as its title, struck while joking with fellow GI's in the barracks about someday telling the world that no one would believe the things they were doing in the name of serving their country. They would develop audacious pranks to outdo one another or minimize a situation and just be glad to live another day. They often remarked about spending parents' and grandparents' tax money on atrocious wastes of effort and material. The military personnel during the late '60s fit three distinct categories: juicers, heads, and straights. The first included men from every state, since almost everyone drank now and then. The second referred to the use of acid by some, while smokers and dopers fit right in. Lastly, there were some individuals who preferred not to get wasted by any means. Homosexuals and blacks could occupy any of the groups. The story details army life for a middle-class Midwest man who is introduced to conditions and concepts he had never imagined in Europe, then in the States, and finally in Vietnam. The intended audience is

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adult, mostly because of the language and the portrayal of man's cruelty to man, while on the other hand, the book is both nostalgic as well as informative.

Ready to Create the Kind of Life YOU Want to Live? When you take the time to write down goals and dreams, you'll find yourself getting way more done, feeling a lot less stressed, and having greater control over your life and destiny. In other words, you'll feel like a total boss. This planner is arranged into yearly, monthly and weekly spreads, to help you organize your life in a way that makes sense to you. And here's what else you'll be able to do with your Kimberly Jo Planner: List goals and aspirations for every area of your life, giving you balance, which will contribute to your overall happiness. Get direction on becoming the person you want to be in 2019. This will set real intentions for living your best life. Develop awareness around your mood states, and how your energy flows throughout the day. Become more disciplined! We can all say we want to exercise more, eat healthier foods, drink more water, etc., but unless you're tracking those things, you'll struggle to turn those intentions into bonafide results. We've got a sweet tracker that will help with this. Plus more! Now go forth, invest in a Kimberley Jo Planner, or gift one to a friend. Make 2019 your best year yet! Planner Specs: Large, roomy planner - 8.5 x 11 inches Softcover paperback with a pretty matte finish Uplifting sayings strategically sprinkled throughout Printed on 60# paper (approx. 90.3 gsm) *** NOTE this is a perfect bound, non spiral book ***

Badass Bitches Get Shit Done Floral 2020 Swear Planner Features: The Whole Planner is Full of Swear Quotes, It's More Than Just a Pretty Cover! Each Week Delivers a New Swear Saying. This Planner is Laid Out To Give You Daily, Weekly, and Monthly Planning Options With Extra Space That Includes Swear Notes and Swear To Do Lists. The Weekly Swear Sayings Combine Humor with Empowering and Inspirational Messages That are Uplifting. Some Examples Are: "You're F*cking Awesome, Keep That Shit Up!" "Make This Week Your B*tch" "Believe in Your F*cking Self" "If You Can Dream It, You Can F*cking Do It" "Stop Doubting Yourself, You're a Badass B*tch" January 2020 - December 2020 Matte Finish and Sized at 8.5 x 11 With 131 Pages To Ensure That There is Plenty of Space For Writing and Organizing Makes A Great Gift For Women! This Planner Uplifts and Empowers While Bringing Laughter To The Recipient All Year Long. Click On The Author Link "Swear Indigo" Located On Top Of The Page To View Different Cover Options For This Planner

Porridge with Honey is Martyn's legacy to his grandchildren

Kirkus' Best Fiction of 2017 From New York Times bestselling author Cory Doctorow, an epic tale of revolution, love, post-scarcity, and the end of death. "Walkaway is now the best contemporary example I know of, its utopia glimpsed after fascinatingly-extrapolated revolutionary struggle." —William Gibson Hubert Vernon Rudolph Clayton Irving Wilson Alva Anton Jeff Harley Timothy Curtis Cleveland Cecil Ollie Edmund Eli Wiley Marvin Ellis Espinoza—known to his friends as Hubert, Etc—was too old to be at that Communist party. But after watching the breakdown of modern society, he really has no where left to be—except amongst the dregs of disaffected youth who party all night and heap scorn on the sheep they see on the morning commute. After falling in with Natalie, an ultra-rich heiress trying to escape the clutches of her repressive father, the two decide to give up fully on

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formal society—and walk away. After all, now that anyone can design and print the basic necessities of life—food, clothing, shelter—from a computer, there seems to be little reason to toil within the system. It's still a dangerous world out there, the empty lands wrecked by climate change, dead cities hollowed out by industrial flight, shadows hiding predators animal and human alike. Still, when the initial pioneer walkaways flourish, more people join them. Then the walkaways discover the one thing the ultra-rich have never been able to buy: how to beat death. Now it's war – a war that will turn the world upside down. Fascinating, moving, and darkly humorous, Walkaway is a multi-generation SF thriller about the wrenching changes of the next hundred years...and the very human people who will live their consequences. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

About the Journey By: B.B. Luna Our lives are full of beauty, marvel, pain, and frustration, but without these ups and downs, our hearts would not be beating. About the Journey reflects on the thoughts, feelings, and random encounters of life.

It is 1962 when Frank prepares his 1955 muscle car for another challenger. In his fifteen-plus years of street racing in the Valley, Frank has seen it all. Accompanied by his nephew, Ricky, Frank pulls his car to the start line, looks back, and gives the boy a thumbs-up. Seconds later, Frank becomes a victim of a violent crash that takes his life and leaves Ricky heartbroken. After a tumultuous decade, Ricky learns his uncle's death may not have been an accident. His quest to uncover the truth takes him to the Midwest where he hopes to track down Driver, a racer who may know the real story behind Frank's death. While finding trouble with other street car racers along the way, Ricky meets a beautiful girl and picks up an unexpected passenger. But it is not until he meets Driver that Ricky realizes that his quest is just beginning. In this intriguing novella, a young man embarks on a journey to learn the truth behind his uncle's mysterious death in a street race.

With his best and craziest days behind him, a Florida call center employee struggles through mind-numbing drudgery day after day--but he just might have a way to reclaim the madness and his former life. The zombie apocalypse is over. The humans have won. Life is back to normal. And Rip is bored as hell. It's not much of a life sitting in a call center in the poor town of Spanish Shanty, Florida, answering emails like a drone and listening to customer complaints. Rip was ruler of a tiny kingdom in the Lazy River waterpark, killing zombies by day and making passionate love at night. He misses the danger, the camaraderie, and the blistering love he once knew. He longs to feel Santana--his trusty machete--in his hand, and Davia--the fiercest woman alive--in his arms once again. He can still picture it-- life on the razor's edge--and he would do anything to get that feeling back. But what if Rip could get it back? He's totally desperate. Not normal desperate--more like ready-to-restart-the-apocalypse desperate. Condemning humanity to a repeat merely for an adrenaline rush is probably not a good idea. But life at the call center is nothing more than a slow death, and Rip might not be able to go on without trying to find out.

This is our binary copy stack of 609 pages of utter horse shit and what seems like an accumulation of content that is far underground and censored, not shown on Media Relations TV or Radio or even the crap CIA 8080 World Wide Wiretap...

Your astrological makeup is no f*cking joke. Amelia Wood's What's Your F*cking Sign? is your opportunity to better relate to your

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managers, coworkers, love interests, friends, and family and know why they do all the sh*t they do. If you have ever wondered why your Aries boss is such a hard-ass, been convinced that a Virgo in your life sleeps with a label maker under their pillow, or tried to get your Capricorn friend to lighten the f*ck up, just look to the stars. Full of sun-sign-specific details about all twelve members of the zodiac, you can discover all the right ways to attract, befriend, love, and otherwise handle the people in your life based on their cosmic DNA. When your Pisces friend is emoting, show them a little love! When that Aquarius in your social feed is on their soapbox, have a listen! And when your Leo lover wants the spotlight, know they'll give you plenty of warmth from that glow, too. Embrace all the incredible ways astrology is there to guide you through your batsh*t interactions, curious crossroads, and sweetest moments with each and every sign. So, What's Your F*cking Sign?

Canny and ferocious, with the power of an ancient Goddess in her belly, Rowan Summerwaite is the only person who can renegotiate the fragile Treaty between the Vampire Nation and the Hunter Corporation, the last line of defense for humanity. A meeting of this Joint Tribunal, as well as her new status as Liaison, sends Rowan straight to the last place on earth she wants to be, the childhood home she'd escaped so many years before—The First's Keep. Raised at the knee of The First—the oldest Vampire and leader of the Vampire Nation—honed into a weapon by the Hunter Corporation, wielding ancient knowledge from the Goddess within, Rowan must navigate bloodthirsty Vampires and Hunters alike. And she's got to do it while managing a politically awkward but undeniably deepened romance with Scion Clive Stewart. Failure in her role as Liaison could mean all-out war, with humankind in the crosshairs. No pressure. Walking the path between her two lives has already made Rowan a pariah. The choices she'll have to make will mean she becomes something even more Other and as a result she may lose those last shreds of home she has left. See how Rowan's story began in Goddess with a Blade. 72,000 words

The bestselling autobiography of the greatest rugby player of our time: Brian O'Driscoll. Since 1999, when he made his international debut, there has been no greater player in world rugby than Brian O'Driscoll. In 2010 Rugby World magazine named him its world player of the decade - and since then the legend has only grown. Now, at the end of his amazing career - which culminated in fairy-tale fashion with Ireland's victory in the 2014 Six Nations championship - he tells his own story. Honest, gritty and thoughtful, Brian O'Driscoll's Autobiography is not just an essential sports book. It is an essential book about family, friends, hard work, courage and imagination. 'Honest, charming and revealing - a thoroughly good read' Rugby World 'A thoroughly enjoyable read ... After reading The Test I warmed even more to O'Driscoll as a player and a man. He stood for a new ethos in Irish sport that refused to accept mediocrity or glorious failure' Fergal Keane, Irish Times 'O'Driscoll's honesty ... takes the reader to a place they simply have not been before' Vincent Hogan, Irish Independent 'A must-read insight into the life and mind of Ireland's greatest rugby player' Irish Mail on Sunday 'There are fascinating insights into the lengths he was willing to go to perform at the highest level' Sunday Business Post

Join the Movement. Ditch the Diet. Who's ready to stop thinking about weight loss? To free their brain from thoughts about ketones, calories, and fasting? Who wants life to be more effortless, energetic, and empowered? Welcome to a refreshing and

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gloriously unapologetic conversation about health, fitness and habits. Award-winning trainer Oonagh Duncan cuts through the wellness clutter to drop some truth bombs: it might not be six-pack abs you're looking for — it might be happiness, confidence, and acceptance. But if losing your belly is what you want, don't let anyone — including yourself — stop you from going after it. And she'll show you how to make it happen. There's only one major difference between those rare unicorns who have managed to lose weight and the rest of us: their habits. When you acknowledge that following a diet is not getting you anywhere, and you make a few small changes to your everyday routine, you'll find yourself happier and healthy as f*ck.

Antonia (Stampfel) played a major role in shaping the coffee-house folk music scene in Greenwich Village from the late 1950's well into the 1970's. She collaborated with Bob Dylan and many other musicians, above all the Holy Modal Rounders, for whom she wrote dozens of celebrated songs. Here are her songs, short stories, and personal letters, telling the story of one of the most fascinating women of our time!

What are you waiting for? Hardly anyone gets it right the first time, but many of us are crippled by indecision and fear of failure. The desire to get it right can inhibit us from getting started. In this book Rob Moore, the bestselling author of MONEY, shows that the quickest way to perfect is starting right now and improving as you go. This book will show you how to launch your business or idea, begin the next phase of your career, and overcome self-doubt - right away. Get perfect later, get started NOW.

A World Cloaked in Darkness With human civilization annihilated by a biological zombie plague, a rag_tag fleet of yachts and freighters known as Wolf Squadron scours the Atlantic, searching for survivors. Within every abandoned liner and carrier lurks a potential horde, safety can never be taken for granted, and death and turning into one of the enemy is only a moment away. The Candle Flickers Yet every ship and town holds the flickering hope of survivors. One and two from lifeboats, a dozen from a fishing village, a few hundred wrenched by fury and fire from a ship that once housed thousands... Light a Flame Now Wolf Squadron must take on another massive challenge: clear the assault carrier USS Iwo Jima of infected before the trapped Marines and sailors succumb to starvation. If Wolf Squadron can accomplish that task, an even tougher trial awaits: an apocalyptic battle to win a new dawn for humanity. The war for civilization begins as the boats of the Wolf Squadron become a beacon of hope on a Darkling Sea.

At the publisher's request, this title is sold without DRM (Digital Rights Management). About John Ringo: "[Ringo's work is] peopled with three dimensional characters and spiced with personal drama as well as tactical finesse."¼Library Journal _ . . Explosive. . . fans. . .will appreciate Ringo's lively narrative and flavorful characters.Ó ¼Publishers Weekly _ . .practically impossible not to read in one sitting . . . exceedingly impressive . . . executed with skill, verve, and wit.Ó ¼Booklist _Crackerjack storytelling.Ó ¼Starlog _ . . Ringo's imagination, clearly influenced by Kipling and rock and roll, is fertile . . . and his storytelling skill sound. . .Ó ¼Booklist _Military SF with a difference . . . and as much action as you could hope for . . . And then there's that quirky sense of humor running like a vein of gold under the mayhem.Ó ¼Eric Flint

Get Shit Done 2019 Planner Stay organised and kick your butt into action in style this year! Our gorgeous 2019 weekly monthly planner is the perfect choice for home, school or the office. Lovingly designed by the team at Nifty Notebooks, this custom-

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designed 2019 organizer is a great Christmas gift for yourself or a loved one. **Warning: Look out for poor-quality fake brands posing as Nifty Notebooks, including Nifty Planners. Legal action is in process. Shop via our author page or niftynotebooks.com to guarantee authenticity :) ** As well as monthly, weekly and yearly calendar views, this gorgeous 2019 planner features inspirational quotes, monthly habit trackers, goal trackers, blank dotted grid bullet journal pages, weekly to-do lists (and much more!) that will help inspire and motivate you throughout the year. "Doubt kills more dreams than failure ever will." -- Karim Seddiki
2019 Planner Features: 8.5x11" dimensions, perfect for putting in your handbag or sitting pride of place on your desk Printed on high-quality sturdy stock Notes section to write down your most brilliant ideas Weekly to-do lists to help you achieve your goals Monthly habit trackers Goal tracker Inspirational quotes dotted throughout the diary USA public holidays AND fun holidays such as National Spaghetti Day Yearly and weekly spread views to help you plan your year ahead Plenty of space to write down your daily activities and thoughts Stunning matte finish Get Shit Done cover Check out our dozens of other designs, including dozens more in our Get Shit Done Collection to find the perfect 2019 planner and organiser. Scroll up and purchase this beautiful 2019 planner today and receive fast shipping from Amazon.

Before you proceed any further I want you to know you are entering a cuddle-free zone. There is going to be a minimal mincing of words and a spade is going to be called a f*cking spade not a 'garden implement' or some such bullsh*t. Wisdom is going to be served like a glass of fine whiskey..straight--no chaser. If you are an overly sensitive soul who is easily offended, the next few pages are definitely not for you. Go to the pet section of your bookstore and buy a picture book of puppies and kittens. If you feel you can take it however, welcome to the journey that shall prove to be a total game-changer for you. You are about to learn How Not to F*ck up Your life, Kick A**, Take Names, and Get Sh*t Done! Here's to you! Your success is my f*ckin success! --LJC
How badly do you want to kick dirt in the eye of procrastination and overwhelm? Well, you'd better get planning. There's nothing quite like opening a brand spanking new planner to jot down your intentions for the year ahead. If you're a planner, wannabe planner, or have friends and family who are planners, you'll totally get it. Planning is everything! Aside from the pretty cover on your Kimberley Jo Planner, you're getting a super useful tool that will organize your life no end (if you let it), keeping you several steps ahead of the game. There's a two page spread for the year in review, so you can easily do a mental dance through the upcoming year, and visualize what 2019 will look like for you. There's space to write your New Year's resolutions - you know the ones that you WILL actually stick to this time, because now you have your trusty new planner. Your accountability partner for the year. Take advantage of the weekly gratitude section to jot down the things you're thankful for as you progress through the week. A gratitude practice will help you nurture a happy, positive, healthy mind. With all the space you'll have write out your monthly and weekly to do's, priorities and goals, you can pretty much kiss goodbye to scrappy bits of paper and uncontrollable sticky notes. Plus, we've included an extra notes section at the back because ... well, you can never have too much writing paper. Now go forth, buy the Kimberley Jo Planner, or gift one to a friend. Make 2019 your best year yet! The Nitty Gritty Features major US holidays and events Over 25 motivational sayings, quotes and proverbs to lift your spirits 8.5 x 11 inches - lots of room to write Paper type:

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Mix of lined and dot grid printed on 60# paper Exterior: Softcover paperback with a pretty matte finish Binding: Perfect bound, non spiral book

It's a long road to redemption... I sacrificed fifteen years for a crime I didn't even commit. In my absence, the world kept on turning. The one dream I held onto burned to ashes. Freedom fails to satisfy me Everything's changed, except my love for the Lost Kings Motorcycle Club. As soon as I meet her, the darkness recedes. A new dream takes shape. Her touch restores me. Her broken soul is mine to fix. But I can't shake the déjà vu sensation every time we touch. History wants a repeat and all I want is peace. This is Grinder's first book. Crown of Ghosts can be read as a standalone. For maximum enjoyment, reading the series in order is suggested. Topics: motorcycle clubs, motorcycle club romance, may december romance, lost kings mc series, long romance series, autumn jones lake, incarceration, reintegration into society, prison, release from prison, crime and punishment, criminals and outlaws, vigilant justice, hollywood demons, hollywood demons series, devil demons mc, age gap romance, second chances romance, second chance at life, parole, life on parole, finding love later in life, steamy romance, stalking, taboo relationships, romance, alpha hero, protective alpha hero, murder daddy, ruthless alpha hero, ruthless protector, savage protector, royal, highways, roads, upstate new york, motorcycle club territory, prison gangs, life after prison, incarceration, biker romance, motorcycle daddies, motorcycle daddy

THE INSTANT NEW YORK TIMES BESTSELLER A raw, honest, and revealing co-memoir by Brie and Nikki Bella: twin sisters, WWE Hall of Fame inductees, and stars of the hit E! shows Total Bellas and Total Divas. As twins, the Bellas have always competed. Legend has it that Nikki drop-kicked Brie in the womb so that she could make her grand entrance first. But the rest of the world often treated them as identical and even interchangeable, so they decided to do something about it. After they made it into WWE, the Bellas accomplished so much together: bringing in young girls and women while building the Bella Army, helping the transition of female performers from Divas to Superstars, starring in Total Divas and Total Bellas, and founding companies like Birdiebee, Nicole + Brizee Beauty, and Bonita Bonita Wine. Though their early journey began with loss, abuse, and plenty of rough times, these challenges "shined the diamond." They resolved to be survivors and the heroes of their own stories, and to take control and responsibility for their lives. Eventually, they would come to show girls everywhere that they can do anything. The Bellas may be identical twins—but as individuals, they have proven themselves Incomparable.

A damaged former child star "Thank God, it hasn't affected my looks," she said as she lined her eyes. Bette Poole, once the biggest child star in the world, is struggling at twenty five. She's got the talent for adult roles, but none of the drive. She can't function without cocaine, booze, and opiates and it's affecting her performance on set. Layers of secrets and psychological damage Jerry, her agent, makes one last attempt to help her by getting her on a reality TV show. Bette's studio executive father doesn't want to help, but pulls the plug on the first day of shooting. Jerry inserts himself into her life, moving into her apartment to get her sober and working. It's worse than Jerry thought. Bette has secrets upon secrets. Secrets that could bring down half of Hollywood and involve Jerry directly. He just needs her to trust him and talk, unscripted, so he can bring down everyone who has

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hurt her

Erik Hart suppresses important information, and suffers debilitating headaches and nightmares as a result. He sleepwalks through life trying to live out an average existence. When dangerous people threaten his life, Erik must recall what he worked so hard at putting out of his mind, no matter how nefarious the truth seems...

A much-needed kick in the ass for women everywhere! Like many women, Andrea Owen always lived life on the sidelines, watching each day pass by without ever catching a glimpse of the happiness she yearned for--until the day she had enough. She realized that she had to take action and step out of the box she had created for herself if she really wanted the best life possible. And now, as a celebrated life coach, she shows thousands of women how to take the reins, create an actionable plan for their goals, and finally reach their full potential. In this powerful book, Owen guides you through her acclaimed strategies for creating a more fulfilling life. Each goal-orientated lesson empowers you to take control of the barriers that keep you from achieving the love and success you desire. From breaking the unrewarding cycle of people pleasing to dealing with unsupportive friends, this book approaches the problems you face with a candid look at why you aren't satisfied--and how to fix it. Owen's life-changing wisdom helps you uncover your self-limiting beliefs as well as push you out of your comfort zone by zeroing in on the most difficult issues. Never one to sugarcoat the truth, she holds you accountable for your actions while offering expert advice for knocking down that cynical inner-voice and loving yourself wholeheartedly. With *52 Ways to Live a Kick-Ass Life*, you will shut off your internal autopilot; kick empty expectations to the curb; and live a bigger, gutsier life.

Now that Stephanie Guzman was out of the picture, investigative journalist Lara Tucker is ready to have a normal life. She joins a gym and starts taking self-defense, she starts dating a charming middle school PE teacher, and she's even doing pieces for the paper that are more reader-friendly. And then Jon Hawkins comes back. There's more information he needs on Sonya Crawford. Rumor has it, the shadow agency that created the serum that saved Jon's life and also forced him to be a werewolf weapon also created a cure. Nightshade. But no one knows anything about it except Sonya Crawford, a woman so elusive, Lara is starting to question whether she exists. With a new mayoral race taking place in Perry and Jon not going anywhere until he finally finishes getting his revenge, Lara must decide whether to reject working with Jon in order to save the normalcy she desperately wants or helping him and accepting she'll never be normal again. Fans of *The Punisher* and *X-Men: Wolverine* are addicted to this gritty new urban fantasy by a USA Today Best Selling Author. Scroll up and 1-click your copy today!

"After her former band shoots to superstardom without her, Claire reluctantly agrees to a gig as a playgroup musician for overprivileged infants on New York's Park Avenue. Claire is surprised to discover that she is smitten with her new employers, a welcoming clique of wellness addicts with impossibly shiny hair, who whirl from juice cleanse to overpriced miracle vitamins to spin class with limitless energy. There is perfect hostess Whitney, who is on the brink of social-media stardom and just needs to find a way to keep her perfect life from falling apart. Caustically funny recent stay-at-home mom Amara, who is struggling to embrace her new identity. And old money, veteran mom Gwen who never misses an opportunity to dole out parenting advice. But as Claire

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grows closer to the cool women who pay her bills, she uncovers secrets and betrayals that no amount of activated charcoal can fix."--Back cover.

Student publication for Cowell College, University of California, Santa Cruz, "231 expletives . and other words, remembered by a newspaper staff."

Ready to Create the Kind of Life YOU Want to Live? When you take the time to write down goals and dreams, you'll find yourself getting way more done, feeling a lot less stressed, and having greater control over your life and destiny. In other words, you'll feel like a total boss. This planner is arranged into yearly, monthly and weekly spreads, to help you organize your life in a way that makes sense to you. And here's what else you'll be able to do with your Kimberly Jo Planner: List goals and aspirations for every area of your life, giving you balance, which will contribute to your overall happiness. Get direction on becoming the person you want to be in 2019. This will set real intentions for living your best life. Develop awareness around your mood states, and how your energy flows throughout the day. Become more disciplined! We can all say we want to exercise more, eat healthier foods, drink more water, etc., but unless you're tracking those things, you'll struggle to turn those intentions into bonafide results. We've got a sweet tracker that will help with this. Plus more! Now go forth, invest in a Kimberley Jo Planner, or gift one to a friend. Make 2019 your best year yet! Planner Specs: Small in size - 5.5 x 8.5 inches (close to A5 size) - easy to carry, great handbag or purse size Softcover paperback with a pretty matte finish Uplifting sayings strategically sprinkled throughout Printed on 60# paper (approx. 90.3 gsm) *** NOTE this is a perfect bound, non spiral book ***

Get Shit Done. Less meetings, more doing. Passion never fails. Startup Vitamins aims to provide doses of vitalizing support to startups to help them throughout their development. Posters are created to provide inspiration, reminding startups of key aspects to success while also offering a constant stream of other inspirational quotes on their blog. There's rocket-fuelled insight from the pioneers of the Lean revolution, alongside timeless wisdom from Zuckerberg, Bezos and Jobs. For instance: "It takes time, it's a grind. There are no shortcuts. You've got to grind and grind." – Mark Cuban "Better to be right about the trend and wrong about the implementation, than the other way around." – Aaron Levie, Box.net "Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do." – Steve Jobs "Most people are searching for a path to success that is both easy and certain. Most paths are neither." – Seth Godin "Don't let people tell you your ideas won't work. If you're passionate about an idea that's stuck in your head, find a way to build it so you can prove to yourself that it doesn't work." – Dennis Crowley, Foursquare Whenever you're in search of inspiration and motivation, pick up this book. And then Get Shit Done.

Derek The sound of the gavel crashing down, Has my life flashing before my eyes. Learning to play ball. Falling in love, Marrying an incredible woman and starting a family Becoming a starting pitcher for the Indianapolis Lightning. Everything I ever wanted... Until I struck out. The same success that gave me the life I dreamed of, Took it all away. I'd do anything for a second chance, Even throw the perfect pitch. Jillian A signature on a piece of paper... It binds you to someone, or it can tear them away. It broke

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my heart to file the papers. Gutted me to sign them. But this isn't the life I envisioned. Tired of competing to be his number one priority, I had to walk away from the man I loved. I needed to be strong for our girls, for me. Life goes on. People can change. Now he wants a second chance. But can I forgive the man who threw it all away, and trust that he won't do it again?

Tannadee, a picturesque village in the Scottish Highlands, finds itself suddenly forced to fight for its life when Gordon Weever, a billionaire bully, reveals plans to build an exclusive golf resort nearby. Though most of the locals oppose him, Weever pushes on, employing dirty tricks and splashing cash. He trashes a rare woodland, he annexes land. Somebody needs to stop him. But who? Step up local teacher, Chizzie Bryson with his out-of-the-box idea for the villagers to compete in a Highland Games to raise funds – with a surprising ally. Weever's own daughter rejects her father's rapacious antics, time after time attempting to remodel him into someone she can respect... and failing. The time of the Highland Games dawns, and a diverse range of local characters compete on behalf of Tannadee including a greasy wrestler, a hypochondriac miler, a suicidal hill runner, a pretty-boy hammer thrower, a hen-pecked cyclist, and a wild-boy sprinter. Can good morals and fairness win the day? And can they be the iceberg to sink Weever's titanic ego once and for all?

Today, Anthony Cumia is the co-host of the wildly popular “Anthony Cumia Show,” which live-streams to a huge following of paid subscribers; however, Anthony is most well-known from the legendary, nationally syndicated “Opie and Anthony Show.”

Permanently Suspended is an all-access pass to the controversial mayhem that ensued on-and-off the air. A must-read for all diehard O&A fans, Permanently Suspended finally answers the questions that everyone has been waiting for: What really happened between Opie and Anthony? What was the reasoning behind the multiple firings? What prompted the tweeting about the Times Square NYC incident? What is the true account of the controversial allegations? What are the never-before-revealed details of Anthony's stint in rehab? What does the future hold for his livestream podcast? These questions, and many more, will be answered. Permanently Suspended is a humorous, no-holds-barred account of the legendary career and life of Anthony Cumia—a blue collar guy who made his dreams come true, rising above all obstacles to become one of the most well-known and successful personalities in radio history.

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